

Bullying Quiz: Where do *you* stand?

Directions

Think about your behavior within the last week and check off any items that apply to you.

In the last week, have you....

1. ___ Called other kids names to make fun of them?
2. ___ Said something about someone else that you knew wasn't nice?
3. ___ Walked away when your friends started talking about someone?
4. ___ Laughed when someone else made fun of another girl?
5. ___ Written a note about someone that wasn't nice?
6. ___ Felt put down by someone but did not stand up for yourself?
7. ___ Asked your friends to stop talking about another friend?
8. ___ Let someone else talk you into doing something you didn't want to do?
9. ___ Refused to talk to someone in order to upset her?
10. ___ Invited a new girl to sit with your crowd at lunch?
11. ___ Repeated a rumor you heard about your friend?
12. ___ Started a *rumor* about a girl who was mean to someone else?
13. ___ Made fun of another girl's clothes, hair or appearance?
14. ___ Stood up for another girl your friends were making fun of?
15. ___ Sent a nasty email that said something you wouldn't say in person?
16. ___ Been the target of a rumor?
17. ___ Threatened someone because she made you mad?
18. ___ Gone to sit with someone who was by herself or sad?
19. ___ Listened to gossip about another girl?
20. ___ Received messages in a chat room that *hurt your feelings*?
21. ___ Tried to sit with a group of girls at lunch and been told you couldn't?
22. ___ Excluded someone to make her feel bad?
23. ___ Cried or felt sad because of something mean another girl did?
24. ___ Helped another girl with her homework after your friends called her "stupid."
25. ___ Made a new friend?
26. ___ Watched another girl *make fun of someone else*?
27. ___ Done something to hurt someone *on purpose*?
28. ___ Took something that did not belong to you to hurt someone else?
29. ___ Wanted to speak up and defend another girl, but did not because you felt afraid?
30. ___ Had to sit by yourself in class because your friends decided to move?
31. ___ Complimented a girl you didn't know very well on her outfit?

32. ___ Tried to convince others to be mean to someone or ignore someone?
33. ___ Done something to embarrass a girl you didn't like?
34. ___ Threatened not to be friends with someone if she didn't follow *your orders?*
35. ___ Stayed and watched one girl be mean to another?
36. ___ *Dared someone to do something she didn't want to do?*
37. ___ Insulted someone because she looked at you the *wrong way?*
38. ___ Wrote something unkind about a girl in a public place, without signing your name?
39. ___ Called a girl you don't like an unkind name when *she could hear?*
40. ___ Listened in when a friend called another girl to be mean to her?
41. ___ Made up something to get a former friend in trouble?
42. ___ Given a friend a compliment?
43. ___ Teased a girl you know but not very well?
44. ___ Ingored a girl who said "hi" to you in the hallway?
45. ___ Stayed friends with someone because you *were afraid* of what she would do if you didn't want to be her friend anymore?
46. ___ Been teased by someone else about the way you look?
47. ___ Excluded someone from your group because your friends told you to.
48. ___ Looked or gestured at someone in a way meant to hurt or insult her?
49. ___ Been on Facebook and didn't stand up for a friend who was being picked on?
50. ___ Forgiven a friend who hurt your feelings?

Answer Key:

Aggressive Behaviors:

1,2,5,9,11,12,13,15,17,22,27,28,32,33,34,36,37,38,39,41,43,44,48.

Bystander Behaviors That Support Aggression:

4,19,26,29,35,40,47,49.

Victim Behaviors:

6,8,16,20,21,23,30,45,46.

Power Behaviors-Congrats!

3,7,10,14,18,24,25,31,42,50.